

## 2010 Ely Triathlon Bike Section



### Bike course guidelines:

**The course will be on open roads hence the highway code should be adhered to at all times**

- Turn left onto Barton Road (Please be aware of traffic coming from the right) and follow the road until the junction with Cambridge Road.
- Turn left onto Cambridge Road for approx 200 yards before turning right onto Witchford Road
- At the roundabout take the 3<sup>rd</sup> exit onto the A10 heading towards Littleport (Please take care on this road as it can become very busy).
- Turn left at West Fen Road heading towards Coveney village.
- Once you reach the village of Coveney turn left at the junction onto Main Street.
- Turn left onto Long Lane leading onto Long Causeway.
- At the end of Long Causeway turn left onto the A142 heading back towards Ely (Please ensure you look left to check for traffic and take care on this road as it can become very busy).
- Follow the A142 until you reach the roundabout at the BP garage and then take the 3<sup>rd</sup> exit heading towards Cambridge (Please ensure you look right to check for traffic at the roundabout).
- At the next roundabout take the 2<sup>nd</sup> exit onto Angel Drove heading towards Soham (Please ensure you look right to check for traffic at the roundabout).
- Turn left into Brand Field and re-rack your bike in T2 on the left hand side of the entrance. Please ensure you have demounted before the grass verge and also take care when turning left as there may be other cyclists/traffic behind you.